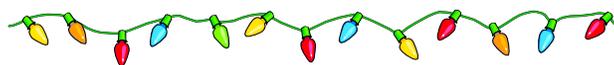


# Dr. A.T. LEATHERBARROW PRIMARY SCHOOL



**D**ream **A**chieve **T**each **L**earn

Be Kind

Be Safe

Be Responsible

Be Respectful

## Important Dates:

**Wednesday December 6 (1/2 day):** Professional Learning for Teachers

**Friday, December 22. (1/2 day):** The last day of school before the Christmas holidays.

**Monday, January 8:** The first day back for students after Christmas Break.



## Christmas Concert Wednesday, December 20, 2017

We will be holding our concert at the **Hampton Baptist Church**. In order to accommodate all families, we are having 2 concerts. Kindergarten Students will be performing at **9:00am** and Grade 1 and 2 students will be performing at **10:30am**.

The **“admission”** to our concert is a food item that will be donated to the Hampton Food Basket.



## Enter to WIN Premium Seating & Parking at the DATL Holiday Concert!

This year the DATL Home and School Association is once again selling tickets on Premium Seating (up to 5 seats), and Reserved Parking at the DATL Holiday Concert. There will be one winner for each of the concert performances. Winners will be announced on Friday, December 15th. Tickets MUST be received by 9 AM Thursday, December 14th.

## “Wednesdays in December” Enrichment Series



On Wednesday, December 6, and Wednesday, December 13, our entire school will be involved in enrichment activities! We are very lucky to have a wide variety of sessions planned for our students. We will have MAD Science, sign language, music, crafts, math, baking and several other very interesting sessions. Students have selected the types of enrichment in which they would be most interested and have been placed in multi-aged groupings. We are very excited for *Wednesdays in December!*



## Skating

It's time for skating! DATL offers a skating program as part of our Physical Education Program. The skating schedule is on Mrs. Brenton's page of our website.

All children must wear a helmet, preferably one with a face mask, snow pants, and thick mittens. All of these items are necessary for your child's protection.

Students will walk to and from the rink except in very cold weather. In the case of extremely cold weather, skating will be cancelled. We do need parents to transport skates and helmets at each skating time. Also, if you are able to volunteer to help tie skates, it would very much appreciated. Please contact your child's teacher.



## Attendance Matters

When your child is absent or late, please remember to phone the Safe Arrival number (832-6162) and give the name of your child's teacher when you call.

The Education Act of the province of New Brunswick requires parents to provide a *written note* to the homeroom teacher when their child is absent from school.

Use of the Safe Arrival number does not negate this obligation.

### \*\*Reminders\*\*

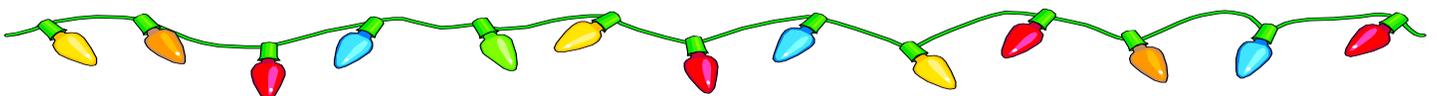
- DATL classes begin at 8:25 am. To be ready, all students should be at school by 8:20 am.
- DATL is a scent-free school. Please refrain from wearing perfume or aftershave when visiting our school.
- **Outdoor play is important to a child's health.** Please be sure your child is dressed appropriately for outside play.

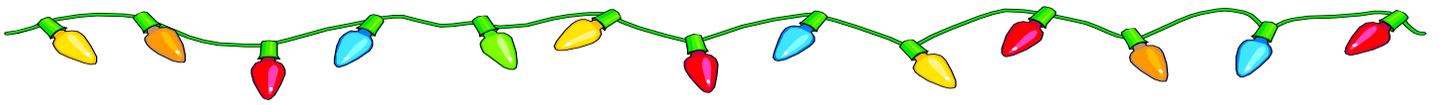
## Library News

To all librarians,

Thank you for your faithful dedication to our students. We really appreciate you coming weekly to provide assistance with this program.

The week of December 4th to 8th will be the last week for students to sign out books until after the holidays. We would appreciate you coming in the week of December 12-16 to return books to the library shelves. Students will go to the library again to sign out books during the week of January 8 to 12, 2018!





## Upcoming Events



**Crafts, Stories, Food & Fun**  
to kick off your countdown to Christmas!

**Saturday, Dec 3rd**

**4:00-6:00 pm**

**St Paul's Anglican Church**

486 Kennebecasis River Road



### DATL PSSC Meeting

The monthly PSSC meeting will be held on

December 5, 2017

### Hot Lunch Orders

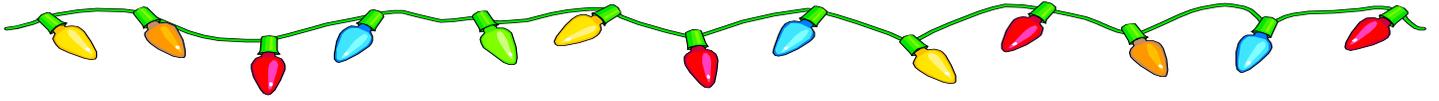
Unfortunately, late orders cannot be accepted after 2:30 the day they are due. You may call your order into the office if your child is out on the due date.

## Guidance Corner

Our students have been zoned into the "Zones of Regulation" over the past weeks. We have been working on identifying our emotions throughout the day and what our "triggers" are in order to help us become better at self-regulating. We have been exploring sensory tools, and we even made a few of our own! Try making a "sensory gel pad." A zip-lock bag, some small plastic beads and hair gel are all that are required. (It helps to tape the edges with duct tape.) It's fun to create together and useful to have a few sensory tools around the house to help when emotions get high.

We also have been trying out new deep breathing techniques in order to calm our bodies and our minds. Pretending to pick a flower, smell it by breathing through your nose and then slowly breathing out through your mouth, as you pretend to blow out a candle, is a great technique to help control your breathing when you are feeling upset. Check out "Elmo's belly breathing" on youtube. It's a fun little video that highlights how breathing can help soothe a 'monster' feeling. Deep breathing is an excellent strategy to help us stay calm and do our best thinking.

Breathing can help us solve problems too! When we encounter problems it helps to *stop, take a deep breath, and think*. **First we must think about the "size of our problem". Is it a big, medium or small problem? A big problem** is a serious situation that affects lots of people, requires lots of help and time to solve. A medium problem involves a few people and we usually need help to solve it. A small problem can be solved all by ourselves in a matter of seconds or minutes. Once we know how big our problem is (and most problems are small) we then can figure out how to react to the problem. The students have been discussing how their reactions need to match the size of their problem. For instance, if their problem is small (i.e. a lost marker cover) then their reaction must be small. If they have a big reaction and get really mad when the problem is small it makes everyone feel uncomfortable. Next time when feelings start getting big take a moment to ask your child: What size is your problem? Remember to Stop, take a deep breath and think.



## HOME AND SCHOOL NEWS

Thank you to everyone who took part in our Java Moose Coffee Fundraiser. With your help, we raised \$1350. Well done! Look for our V.I.P. Concert Tickets Fundraiser coming in December. The winner will **have a row of seating and parking for 1 vehicle reserved for them for D.A.T.L.'s Christmas Concert.** Exciting things are happening within our Home & School Association! We have two new fundraisers beginning under our Inclusive Education & Play Initiative. The 1<sup>st</sup> fundraiser is **Kredl's Holiday Produce Packs.** What a great way to buy local and get your veggies just in time for Christmas! The 2<sup>nd</sup> fundraiser is an **online Christmas Auction.** **If you're looking for a fun way to get some Christmas shopping done, check it out!** All bidding will be done online on our facebook page - Dr. A.T. Leatherbarrow School - Inclusive Education & Play Initiative. Below is a sneak peek of what you will see at our auction:

Chipman Hill Suites : 1 Night Stay in the Heritage Suite ( \$155 Value)

Dickson & Baird Veterinary Hospital : 1 Routine Non - Emergency Preventive Health Care Visit Including a Physical Exam and Vaccines (\$100 Value)

Ecoheat : \$500 Gift Certificate - Service or Product

T.S. Simms & Co : Roller & Brush Set (\$85 Value)

Vitalis Massage : 1 Hour Massage ( \$85 Value)

Our next meeting is December 7<sup>th</sup> at 6:30 in the staff room. As always, our meetings are open to everyone.



The entire staff of  
Leatherbarrow Primary  
wishes you and your family  
**Merry Christmas, Happy Holidays, and  
a Happy New Year!**

